

NLP Practitioner Training  
*Weekly Assignment – Week 3*

Welcome to week 3 of your NLP Practitioner Certification Training!

Your assignment to complete this week is as follows:

1. Watch and take notes on all video content posted in the Week 3 section.
2. Continue your assigned supplemental reading.
3. NLP Skills Practice
  - A. Practice the Intervention Processes taught in the videos.
    - 1) Stack Anchors
    - 2) Collapse Anchors
    - 3) Chaining Anchors
    - 4) Ring of Power
    - 5) Strategy Elicitation for a Motivation strategy (*do elicitation only*)
  - B. For at least one of each of the above processes, document your successful practice as follows:
    - 1) Do the process with a live practice client.
    - 2) Make sure that you get a successful outcome with the process.
    - 3) By the end of your Practitioner Training, complete and submit an **Intervention Process Report** form for each process (*in the Downloads for week 2*).
4. Complete and return your Practitioner Certification Exam.