

NLP Practitioner Training *Weekly Assignment – Week 2*

Welcome to week 2 of your NLP Practitioner Certification Training!

Your assignment to complete this week is as follows:

1. Watch and take notes on all video content posted in the Week 2 section.
2. Continue your assigned supplemental reading.
3. NLP Skills Practice
 - A. Practice the Intervention Processes taught in the videos.
 - 1) Sub-Modality Like to Dislike
 - 2) Sub-Modality Belief Change
 - 3) Swish Pattern
 - 4) Fast Phobia Model
 - B. For at least one of each of the above processes, document your successful practice as follows:
 - 1) Do the process, with a live practice client (*this can be a friend, family member, acquaintance etc. – not a paying client*).
 - 2) Make sure that you get a successful outcome with the process.
 - 3) By the end of your Practitioner Training, complete and submit an Intervention Process Report form for each process (*in the Downloads for this week*).