

# Sensory Acuity Exercise

This exercise is to be completed after watching the video on Sensory Acuity. The more times you do this exercise the better you will become in the art of observation.

After you've done this exercise with a few different people try making up some questions of your own to accomplish the same objectives.

Find another person and ask them to do the following:

Think of someone that you really like.

Observe any changes they make regardless how subtle.

Then ask them to think of someone they really dislike.

Observe any changes they make regardless how subtle.

Use the process of contrastive analysis to compare the differences.

The more you do this process the better you will become at observation and communications.