

# Values Elicitation

What is important to you about \_\_\_\_\_  
Career, Relationships, Family, Health and Fitness (living), Personal Growth, Spirituality

*Write Client Values*

---

---

---

---

---

---

---

---

---

---

*Values Re-ordered by Client*

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

9. \_\_\_\_\_

10. \_\_\_\_\_

## **Threshold (context)**

All these values being present, is there anything that could happen that would make you leave or stop? *Keep asking until empty.*

---

---

All these values being present, plus (value-s- just mentioned) what would have to happen to make you stay?

---

---

## **Alignment / Conflict Check**

Toward – Away: \_\_\_\_\_

Toward – Toward: \_\_\_\_\_

Away – Away: \_\_\_\_\_