

Zero Pain Now Coach Training
Weekly Assignment – Week 2

Welcome to week 1 of your Zero Pain Now Coach Training!

Your assignment to complete this week is as follows:

1. Watch and take notes on all video content posted in the Week 2 section.
2. Zero Pain Now Presentation
 - A. Print out the .pdf of the Keynote slides in the “Downloads” section.
 - B. Practice delivering the presentation twice.
 - C. Video or audio record yourself on the second time through the presentation delivery.
 - D. Watch or listen to the recording and give yourself feedback on how well you did with it.
 - E. Also consider how you would modify your presentation of it for people with:
 - 1) Different personality types.
 - 2) Toward and away motivational types.
 - 3) Different representational systems.